



**Regional Meeting on Indicators for Fisheries *Refugia* Management and Discussion on Project Follow-up and
and
The Technical Consultative Meeting on Drafting of the Regional Action Plan for Management of Transboundary Species Indo-Pacific Mackerel in the Gulf of Thailand Sub-region**

9th -11th and 12th -13th September 2019
A-One Star Hotel and Bay Beach Resort Jomtien, Chonburi Province, Thailand.

Information for Participants

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Dear Participants,

Welcome to Thailand again! Thank you for confirming your participation at the upcoming two meetings on The Regional Meeting on Indicators for Fisheries Refugia Management and Discussion on Project Follow-up and The Technical Consultative Meeting on Drafting of the Regional Action Plan for Management of Transboundary Species Indo-Pacific Mackerel in the Gulf of Thailand Sub-region. Please read the following information carefully, as it will help you to plan your travel to Pattaya City.

1. Meeting Venue

The both events will be held at Chonburi Province, Thailand. The Regional Meeting on Indicators for Fisheries *Refugia* Management and Discussion on Project Follow-up will be held on 9th -11th September 2019 at A-One Star Hotel, Pattaya City, Chonburi Province, Thailand.

Address: 115/11 Moo 9 North Pattaya Beach Road,
Nong Prue, Banglamung, Chonburi 20150
Phone: +66 (38) 259 555 (24 hrs)
Fax: +66 (38) 424 242
Email: starinfo@a-onehotel.com
Website: <http://www.a-onestarhotel.com>

Location Map: The hotel is located at Pattaya City on the eastern coast of the country in the area of Chonburi province. Only 147 km or 1.5 hr away by car from Bangkok. It lies parallel to Sukhumvit Road on its east and the coastline on its west. Pattaya is the closest of Thailand's major beach resorts to the capital city.

For the past centuries, Pattaya was a small fishing village almost cut off from the outside world. But a big change occurred on 29 April 1961 when the first group of about 100 American servicemen who would join the Vietnam War arrived in Pattaya for relaxation. Soon, the sleepy Pattaya became Thailand's premier and most successful beach resort which annually attracts hundreds of thousands of pleasure-seeking visitors. Fishermen's huts along the beach were replaced by a full range of accommodations from super deluxe hotels to bungalows and mini-pocket guesthouses. Fishing vessels were adapted to become tourist boats. And the quiet powdery golden beaches are frequented by swimmers and sunbathers from various parts of the world. Places of nighttime entertainment have also sprung up and are popular among international tourists.¹



Modify from: cdn.royalcliff.com/upload/map/Bangkok-Chonburi-big.jpg

¹ <https://www.thaiwaysmagazine.com/pattaya/history.html>

A-One Star Hotel is located in the heart of North Pattaya, just steps away from the golden beaches and gentle ebb and flow of the warm sea. Everything you need is within walking distance of the hotel; shopping malls, restaurants, attractions, and exciting nightlife await you.

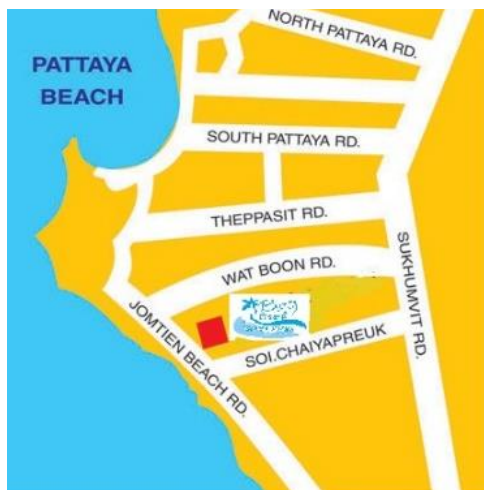


(source: <https://th.readme.me/p/21776>)

The Technical Consultative Meeting on Drafting of the Regional Action Plan for Management of Transboundary Species Indo-Pacific Mackerel in the Gulf of Thailand Sub-region, Back-to-Back the above event will be held on 12th-13th September 2019 at Bay Beach Resort Jomtien, Chonburi Province, Thailand.

Address: 132/3, 277/9 Moo.12 soi Jomtien 14/1, Na Jomtien Rd.,
Nongprue, Banglamung, Pattaya, Chonburi 20150
Phone: +66 (38) 232 464-6
Fax: +66 (38) 232 886
Email: rsvn@baybeachresortpattaya.com
Website: <http://www.baybeachresortpattaya.com>

Location Map: The Bay Beach Resort Jomtien hotel is 5- stars beachfront hotel located on a quiet part of Jomtien Beach, it is about 3 km south of Pattaya. Jomtien has become very popular and highly recommended to those who seek a quieter resort as it is also quieter and more relaxing than Pattaya Beach. The former paddy fields have turned into a thriving beach, Jomtien also has experienced a construction boom in the past several years, with many new condominiums and housing developments built in the area and includes a large group of shophouses, restaurants, bars and stores. The 6 km long, largely straight beach is popular for windsurfers and water sports enthusiasts including several annual sponsored sports events, such as a Jet Ski World Cup, and festivals, attracting visitors from around the world.



<http://www.travelfortoday.com/hotelpic/Cholburi/Jomtien/Baybeachresortjomtien/map.jpg>

2. Accommodation

The accommodation will be provided, you will be staying at A-One Star Hotel during the both events. The organizers will take the responsibility for booking and paying for accommodation cost of the representative which cover room charge (single room) with Breakfast only. Personal expenditures i.e. minibar, telephone, laundry or for any other expenses incurred by participants.

For non-sponsored participants or participant's spouse, the expenses will be on their own responsibility. Please contact the organizers in advance for hotel booking. In case of cancellation will follow to cancellation policy of the hotel.

Hotel Facilities

The Newly built A-One Star Hotel smartly balances eclectic details with cozy public spaces that are both playfully cosmopolitan while sleek and elegant, all while colorfully echoing the ambience of Pattaya's nightlife. A-One Star Hotel is a taste of young and radiant urban sophistication, offering momentary beachfront access. Conveniently located in North Pattaya, it is a popular choice for young beachgoers, and backpackers, and all at attractively reasonable rates. Guests are welcome to use the facilities of the adjoining, A-One the Royal Cruise Hotel; featuring a selection of savory restaurants, multiple karaoke rooms, picturesque swimming pools, a sensually enchanting Spa and a fully equipped Gym.



A One Star Hotel



Reception



Lobby



Superior Star Room



The Canteen



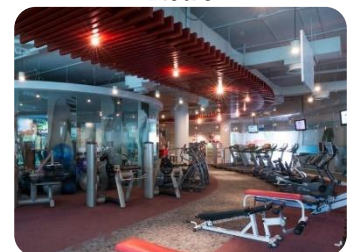
Star Light Restaurant & Bistro



Avarin Massage



Swimming Pool



Fitness One

The hotel also provides complimentary transport, according to fixed schedules, to and from the tourist attraction spot in Pattaya as showed below:

A-ONE | The Royal Cruise Hotel | PATTAYA

Free Shuttle Bus Service Schedule Daily

Route

- Mike Shopping Mall
- Walking Street
- Royal Garden Plaza
- Big C

Time

- 10.00 A.M.
- 02.00 P.M.
- 06.00 P.M.

Please contact our Concierge ext : 5 for assistance
Notice : Booking should be made 2 hours in advance

www.a-onehotel.com

Location nearby attraction map:



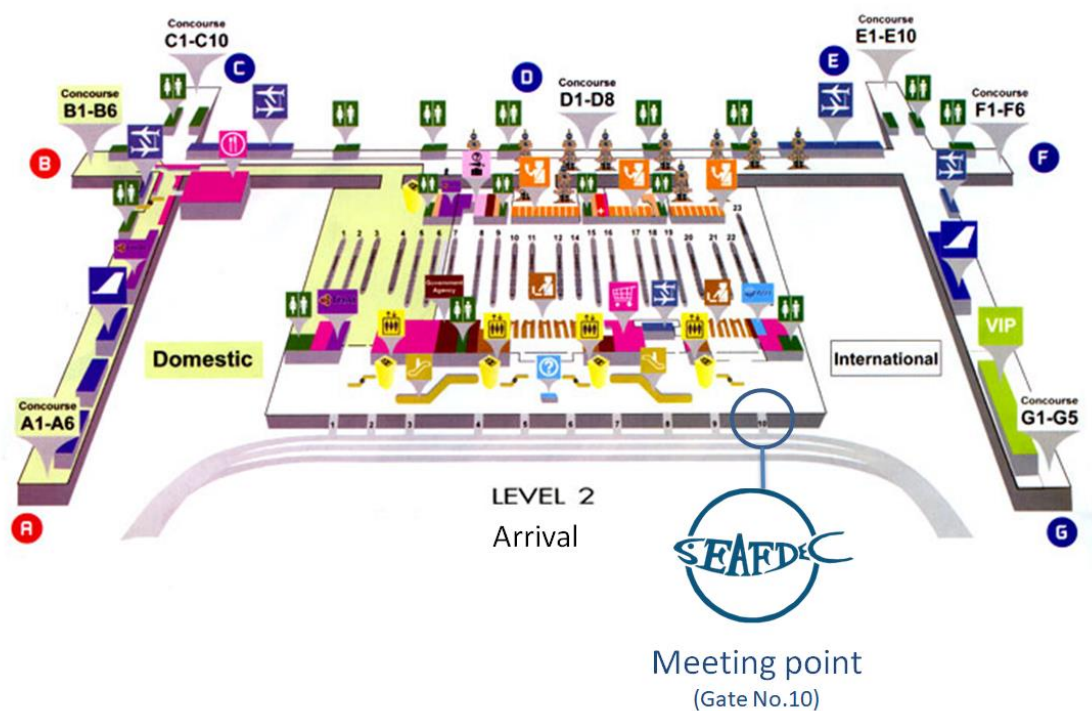
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3. Transportation

❖ Transportation between venue and airport

The destination airport of this meeting is “Bangkok Suvarnabhumi International Airport” Thailand. All sponsored participants will be met and transferred by SEAFDEC. Participants are requested to meet at the meeting point at the Exit Gate number “10” (inside the building) upon the arrival flight. The bus will departure from airport around 02:00 p.m. It takes approximately 1.5 hours to the venue.

For the way back on 14th September 2019, the departure time to airport will be announced again during the meeting.



❖ Transportation between the Meeting venues

The Technical Consultative Meeting on Drafting of the Regional Action Plan for Management of Transboundary Species Indo-Pacific Mackerel in the Gulf of Thailand Sub-region will be held on 12th -13th September 2019 at Bay Beach Resort Jomtien. Located about 12 km in the south of the living hotel. The bus will departure from the hotel around 08:00 a.m. It takes approximately 30 min to the venue. The meeting point and the other information will be announced again during the meeting.

❖ Transportation of Pattaya

Pattaya is a buzzing city of Thailand and known for its energetic night scene, there's much more to Pattaya than just nightlife and beaches. Most of Pattaya Beach's hotels, clubs, bars and shops are condensed into an area that spans little more than a few kilometers, so it's perfectly possible to get around entirely on foot. However, the transport facilities here are so regular, public transportation options are limited with mainly "Song-Thaews" and a few local buses, but there's enough to discover the city's highlights.

Songthaew:

Also known locally as Baht Buses, songthaews are the main form of transportation in Pattaya. They are pickup trucks that have been re-purposed for transporting people, with two benches in the back and space for standing (if you're brave!) at the end. Cheap and efficient, even if sometimes crowded, songthaews operate on fixed routes around the city. They travel along Beach Road, near Walking Street, along Pattaya 2 Road, around Jomtien, and to Naklua. The fare depends on the distance, but you should expect to pay anywhere between 10 and 50 Thai baht. You pay the driver when you get off. Do be sure to have small notes and coins to pay with as the driver's supply of change will likely be minimal. It's easy to stop a songthaew – simply extend your arm and wave or otherwise signal that you want to jump on. People get on and off all along the route, but if it doesn't seem to stop near where you want to disembark, press the buzzer and the vehicle will pull over. You can also negotiate the price for a private taxi-like service with an empty songthaew; this is especially common at nighttime.

Local tip: Check the price before boarding an empty vehicle as drivers may assume that you want to charter the songthaew privately, making for a more expensive trip. Try to flag down vehicles that already have passengers aboard to avoid any misunderstandings.

Taxis:

Although Pattaya doesn't have many local metered taxis you'll still spot a fair number of private-hire vehicles around the city. These are mainly taxis that have brought passengers from Bangkok and are seeking a return fare. To kill time, they may take on short journeys around Pattaya. It is rare for drivers to agree to use the meter in such a case, and you should negotiate a reasonable price for your journey before accepting a ride. Taxis taken from along Second Road should generally use the meter, though, as these are local taxis. There are many private taxi companies in Pattaya that can be great for a day's sightseeing or long-distance private transfer. Fares should be negotiated if a standard rate isn't available for a particular destination. Most hotels and guest houses can order a private taxi with minimum notice. Grab Car also available in Pattaya but there're still conflict with local taxi on stealing the taxi customers issue.

Local tip: Unless visiting a large and well-known attraction or destination, try and show the taxi driver the exact address, written in Thai, to avoid potential confusion.

Motorbike taxis:

Motorbike taxis seem to be everywhere in Pattaya. They are quick and convenient, and they can be especially cost-effective for solo travelers. Drivers wear bright vests and tend to congregate in small groups on junctions and close to major place of interest. Agree the price before starting your trip, keep your feet up and knees in, hold on to the bar behind you, and always wear a helmet.

Local tip: If you're in a busy area but can't see a motorbike taxi or the drivers are some distance away, simply clap your hands two times; as if like magic, a motorbike taxi will likely soon appear!

4. Language

The Meeting will be conducted in English and all the Meeting documents will be mainly in English. For the outside, the official language of Pattaya is Thai and it is widely spoken throughout Thailand. As Pattaya is a famous tourist destination, most people can speak and understand English, especially those in the service industry. The English spoken by the locals might be broken or a mixture of the two languages. But it won't be too difficult to comprehend. Other languages frequently heard on the streets of Pattaya are Burmese, Chinese, Lao, Japanese, German, French, Swedish, and several variations and dialects of these.

Most restaurants and stores have signs and other information written in both English and Thai, sometimes with pictorial depictions that you can point to. If you are not familiar with the language, ask someone to write out the name in Thai characters, so that you can show it to the taxi driver or someone when asking for directions.

Some useful words and phrases in Thai:

Hello – Sawadee (khrup/kha)

How are you? – Sa bai dee mai (khrup/kha)

Goodbye! – La gorn (khrup/kha)

Yes – Chai (khrup/kha)

No – Mai (khrup/kha)

Thank you – khop khun (khrup/kha)

Sorry/excuse me – Khor thoad (khrup/kha)

I Don't Understand – Mai Khao Jai (khrup/kha)

Where is the restroom – Hong nam yoo tee nai (khrup/kha)?

Never mind- Mai pen rai

Not Spicy – Mai phet

Really Spicy – Phet mak

Delicious- Aroy

That's expensive! – Paeng mak (khrup/kha)!

How much does this cost? – Ra ka tao rai (khrup/kha)?

Can you give me a discount please? – Ga ru na lot ra ka hai noi (khrup/kha)?

(one to ten) – Neung, Song, Saam, See, Haa, Hook, Jet, Paat, Gaow, Sip

The Tip: If you are male, you end sentences with the word “khrup” similarly if you are female, you end your sentences with the word “kha”. This is used to make your sentence or question polite and respectful.

5. Mobile phones

There are three large operators of Thai telecommunication company sell SIM cards with pre-charged airtime. Participants can purchase their own local SIM cards from these recognized mobile operators upon arrival at Suvarnabhumi airport in Bangkok. There you can compare prices and promotions or visit each website in following (click on the logo):



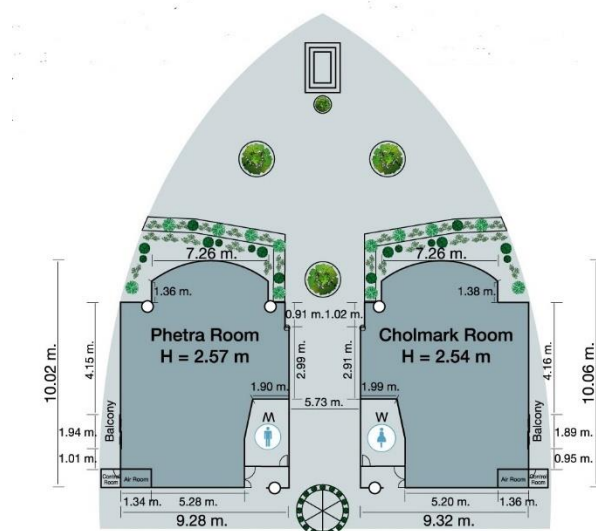
Before you purchase any SIM card, make sure that the network you are choosing is compatible with your devices. Most old networks mainly on 2G are about to decommissioned soon. These frequencies are used for 3G and 4G/LTE. Thailand has started mandatory SIM card registration and now you need to provide your ID or passport at the points of purchase.

Adding credit or airtime is quite easy in Thailand. A few physical places where you can top-up: 7-Eleven, Family Mart, BigC, Tesco, phone kiosks and the outlets of the operators.

6. Registration

For the first event, the registration desk will be open at **08:30 a.m.** in front of the Cholmark Room which is located on 3rd floor of **the Royal Cruise building**. Please provide your **name card** and your **boarding pass** to the Secretariat upon registration.

The official opening for the Meeting will take place at 09:00 a.m. on Monday, 9th September 2019. The formal sessions of the meeting will be held from 09:00 a.m. to 12:00 p.m. and from 01:30 p.m. to 5:00 p.m. on every day. For more information, please refer to the provisional agenda and timetable as document number INF.02b



Cholmark Room



This meeting room is with beautiful landscape of Pattaya beach, perfect for conferences and meetings.

3rd Deck/Main Wing

The second event will be held in different venue at Bay Beach Resort Jomtien. The registration desk will be open at 08:30 a.m. Transportation between the venue will be prepared by PCU. The meeting point and the other information will be announced again during the first meeting.

7. IT Services and Documents

The meeting room is equipped with Wi-Fi. Technical support is available through the Secretary of the meeting desk. Technical support for presentations must be arranged in advance with the Project Coordinating Unit (PCU) support team.

Participants can stay connected while travelling on the bus via access the exclusive network in following:

Network name: Fisheries Refugia
Password: refugia2018

The presentation and documents of the meeting including some photos will be uploaded Fisheries *Refugia* website: <https://fisheries-refugia.org/refugia-events>

8. Currency and DSA

The official currency of Thailand is the Thai Baht. The commercial rate is subject to change daily (currently estimated at around USD1 ~ THB30). There are banks and currency exchange kiosks located at the airport, but you may exchange from the hotel cashier and exchange counter/shop around the hotel as well.

All major credit cards are widely accepted at banks, hotels, restaurants and shopping centers. Participants are advised to exchange some local currency prior to your departure, or at the airport upon your arrival.

Daily Subsistence Allowance (DSA) and Terminal expenses, including taxi from home to airport will be provided to all sponsored participants in Thai Baht on the first date of the meeting.

9. Weather

The climate of Pattaya can be divided into 3 periods: cool to warm (from November to February), hot and humid (from March to May), and hot and rainy (from June to October).

daytime temperatures maximum average between 31-33 °C and minimum 26-28 °C. During this meeting time is in the months of rainy season. So, remain very hot with infrequent rainfall usually in the form of short downpours.

Since the meeting room is air-conditioned and the temperature is maintained in the range of 23-24 degrees Celsius (73-75 degrees Fahrenheit). The dress code for the meeting is not specific, smart casual, light tropical clothing, shawl or any that would be appropriate.

The most recent weather forecast for Bangkok maybe accessed at Thai Meteorological Department website: <https://www.tmd.go.th/en/province.php?id=61>

10. Others information

10.1 Meals

The organizers are sponsoring a lunch and two coffee breaks per day for the duration of the meeting. Unless otherwise indicated, participants are responsible for their own dinner.

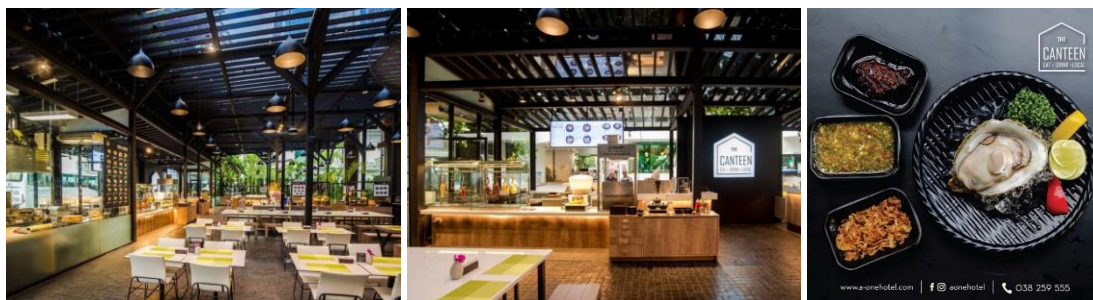
All the participants invited to join 2 dinners, the Welcome Dinner hosted by PCU on the first night (9th Sep 2019) starting from 06:30 p.m. at the restaurant nearby the hotel, name of restaurant will be announced again on the meeting. And the Reception Dinner hosted by SEAFDEC-Sweden will be held on 12th September 2019 starting from 06:00 p.m. at Jomtien.

There are choices of 2 restaurants inside the hotel, you can partake in Thai, Western and Asian cuisine with 2 style restaurants in following:

The Canteen

Open: every day from 11.00-21.00 (lunch and dinner)

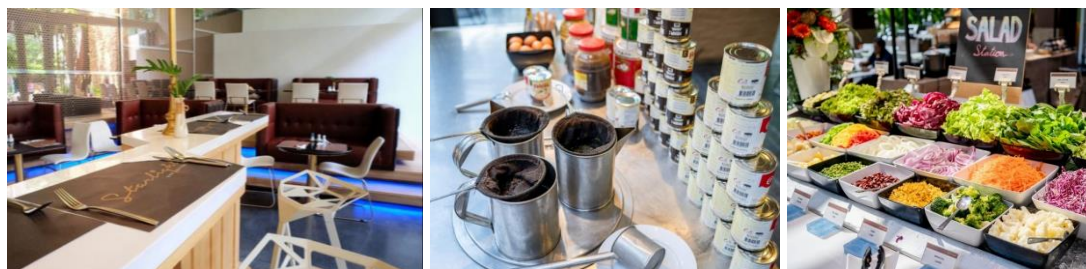
The capital of modern food court with ultimate menus of the popular street food in Pattaya. The new eatery food center serves you not only the street food you love but the open-air space with the giant 4.9 meters mount-fan and the indoor air-con area for you to chill your day.



Star Light Restaurant & Bistro

Open: Daily 6 AM – 9 PM | Location: 1st floor, A-ONE Star Hotel (B)

Experience the lively and eclectic atmosphere of Star Light Restaurant & Bistro; the bold new culinary addition to A-One star serving up exciting and exquisite fusion foods along with Western and Thai classics. Stop by the bar and choose from a vast selection of beers, cocktails, spirits and some of the finest French and Italian wines in Pattaya. Also, don't miss out on our daily breakfast buffet, offering an endless supply of your favorite morning meals! Join us, at Star Light Restaurant & Bistro; your satisfaction is our reward.



In addition, this is not every restaurant in the city, but rather a selection of them. Many of them can be found on the recommendation (from [link](#)) showed on next page.



10.2 Visa Requirements

It is the responsibility of participants to establish visa requirements for Thailand and any transit countries as may be necessary, including the securing of such visas. There is no VISA requirement for all ASEAN Member States.

Each participant should ensure that his/her passport is valid for at least 6 months from his/her travel dates. If a visa to Thailand is needed, the application process should begin immediately. Please contact the Royal Thai Embassy or Thai Consulate in your country or check: <http://www.mfa.go.th/main/en/services/123> for more information on visa requirements and applications.

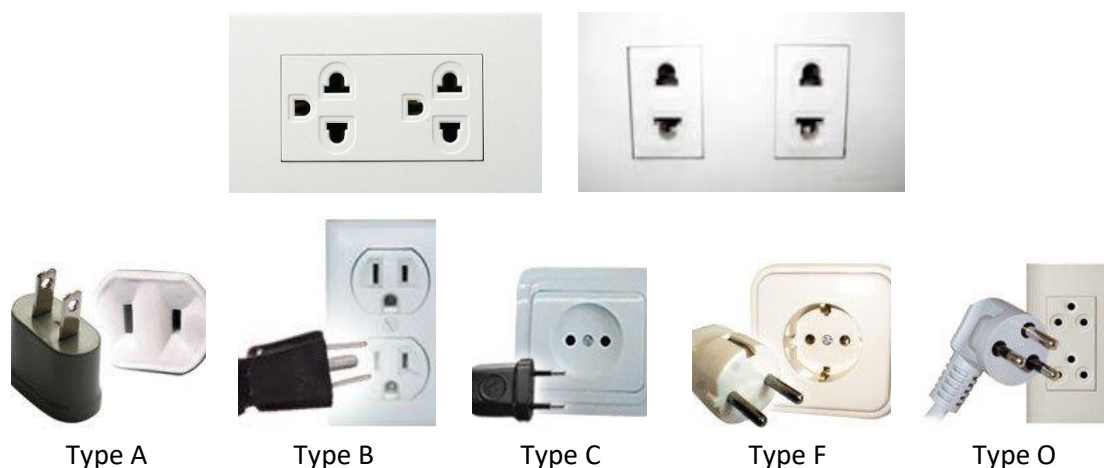
Any person who brings or takes an aggregate amount of foreign currency exceeding US\$ 20,000 or its equivalent into or out of the Kingdom of Thailand shall declare the amount of foreign currency to a Customs Officer. Failure to declare upon bringing foreign currency that exceeds the amount restricted by law or its equivalent into or out of the Kingdom of Thailand or making any false declaration to a Customs Officer is a criminal offence.

10.3 Time Zone

Thailand Standard Time (CST) is 7 hours ahead to the Universal Time Coordinated (UTC), the same time zone as its neighbors Cambodia, Laos, and Vietnam.

10.4 Electricity

The electrical currents in Thailand are 220 volts and the standard frequency is 50 Hz. You can use your electric appliances, if the standard voltage in your country is in between 220 - 240 V. In Thailand the power plugs and sockets are of type A, B, C, F and O as following electrical outlets. Please bring a suitable adaptor if needed.



Type A

Type B

Type C

Type F

Type O

10.5 Health

All participants are required to obtain medical insurance for the duration of the event prior to your departure. For more health information for travelers to Thailand, please click on [this link](#) to read the CDC website. The government of Thailand requires proof of yellow fever vaccination only if you are arriving from a country with risk of yellow fever.

In case you have an urgent need for medical treatment during the workshop or meeting, please contact the hotel's information desk (available for 24 hours). The hotel has a first-aid kit available for basic medical care.

Important phone numbers include:

Emergency Services	Telephone
Tourist Police	1155
Police (General Emergency Call)	191
Ambulance and Rescue	1554
Fire	199
National Disaster Warning Centre	1860
Crime	1195
Medical Emergency Call	1669
Private Air Ambulance (Siam Air Care)	02 586 7654

11. Local Contact Point

Should you have any questions or require any assistance during the event, please feel free to contact:

Technical Matters: **Mr. Weerasak Yingyuad**
 Technical Coordinator of Fisheries *Refugia* Project/Fishing Gear Technologist
 SEAFDEC/Training Department
 P.O Box 97 Phrasamut-chedi, Samutprakarn 10290, Thailand.
 Tel: +66 (0) 2425-6161 (Direct Line)
 Mobile: +66 (0) 86-970-3657
 E-mail: weerasak@seafdec.org

Administrative: **Ms. Nathacha Sornvaree**
 Secretary of the Project Coordinator Unit
 SEAFDEC/Training Department
 P.O Box 97 Phrasamut-chedi, Samutprakarn 10290, Thailand.
 Tel: +66 (0) 2425-6166 (Direct Line)
 Mobile: +66 (0) 81-451-4925
 E-mail: natha@seafdec.org

The meeting organizers disclaim all responsibilities for medical, accident and travel insurances, for compensation for death or disability compensation, for loss of or damage to personal property and for any other losses that may be incurred during travel time or the period of participation. In this context, it is strongly recommended that participants will secure international medical, accident and travel insurances for the period of participation prior to departure.

Finally, Warmest welcome to the Meeting! we wish you enjoy your stay in Pattaya and looking forward to seeing you soon.



Dr. Somboon Siriraksophon
Project Director,
SEAFDEC/UNEP/GEF Project on Fisheries *Refugia*